



### **7.3. Institutional Distinctiveness: Geriatric Health Care Services program: Community and Institutional based**

#### **VISION:**

To create a competent and socially responsible health care system by strengthening and sustaining medical knowledge, altruistic service and progressive Research. To create highly competitive and skilled medical professional.

#### **MISSION:**

To impart best Medical Education to the students through state of the art teaching, training methodology, and creating opportunity for self-learning, dovetailed with soft skills and Ethical medical practice.

To provide an affordable and quality health care delivery by means of updated technology of international standards and to innovate by providing collaborative research environment.

#### **Geriatric health care Services program:**

As per the National Statistics, the rise in Geriatric Population in India 2019 was estimated at 115.6 millions as against total population of 1360 million. The estimated Elderly population was 8.5 % of the total population.

A Elderly care Need Assessment Exercise was undertaken for the development of a new Program. The Vision, mission and objectives for 60+ Program was clearly out lined & need for expansion of Geriatric service was emphasized.

A base line study was conducted for Trichy, Perambalur, Karur, Pudukkottai, Ariyalur, Namakkal & Thanjavur Districts to estimate the elderly population which was 1,29, 046 (2019).

The MRD Department recorded a statistics of 6361 patients in the ages of 60 + who had received treatment at Trichy SRM Medical College Hospital in the year 2018.

Based on the above study and aligning with Institutional vision, priority and thrust, one of the distinctive area is the Geriatric health care i.e. **“SIXTY PLUS Project”**- an UNIQUE PROGRAM for ELDERS. It is a Screening Program with investigations (14), and Consultations in Medicine, Surgery, Ortho, ENT, Dental, Ophthalmology, and Dermatology & Gynecology. Super-Specialists Consultations in the field of Cardiology, Urology, and Nephrology & Neurology as per individuals needs of the elderly. 34 Listed Drugs are provided free of cost for both OP & IP Geriatric patients.

#### **PLAN OF ACTION:**

Focus was laid on Mapped Areas, SOP developed for community care, hospital care & operational modus operandi and Transport facilities (to and from) provided for demarcated areas. Nutritious food given free of cost.



Faculty Members involved in the Program apprised regarding initial screening, admissions, Period of stay on individualized basis depending on the situation of the elderly. Pre-decided and need based Investigations, listing the morbidity patterns, necessary counseling and treatment were facilitated. In case of necessity the patients were absorbed into various state Schemes to establish continuity of care.

Stress was laid on feedback from Patients & remedial measures instituted and for follow-up with Tele-caller services assured.

**Package of Services:**

The range of services include health promotion, preventive services, diagnosis and management of geriatric medical & surgical problems(out and in-patient), day care services, rehabilitative services, and follow up services as needed.

60+Project was launched on 12<sup>th</sup> July 2019. Total Villages covered 270 in 7.5 months, Total hospital statistics of Geriatric Patients: OP = 3902 and IP= 2137 were **treated** at Trichy SRM Medical College Hospital and Research Center.

The institution is striving hard to work towards **better quality of life for Geriatric population** in the area.